

## English ab initio – Standard level – Paper 1 Anglais ab initio – Niveau moyen – Épreuve 1 Inglés ab initio – Nivel medio – Prueba 1

Monday 7 May 2018 (afternoon) Lundi 7 mai 2018 (après-midi) Lunes 7 de mayo de 2018 (tarde)

1 h 30 m

#### Text booklet - Instructions to candidates

- Do not open this booklet until instructed to do so.
- This booklet contains all of the texts required for paper 1.
- Answer the questions in the question and answer booklet provided.

#### Livret de textes - Instructions destinées aux candidats

- N'ouvrez pas ce livret avant d'y être autorisé(e).
- Ce livret contient tous les textes nécessaires à l'épreuve 1.
- Répondez à toutes les questions dans le livret de questions et réponses fourni.

#### Cuaderno de textos - Instrucciones para los alumnos

- No abra este cuaderno hasta que se lo autoricen.
- Este cuaderno contiene todos los textos para la prueba 1.
- Conteste todas las preguntas en el cuaderno de preguntas y respuestas.

# Ski accident at Mount Ruapehu

### Mountaineers help skier critically injured on Mount Ruapehu

A skier from Wellington, New Zealand, was seriously injured after an accident on Mount Ruapehu. Mountaineer Peter Hillary, who was on a chairlift with two colleagues, Paul McAlister and Linsey Churton, saw the accident. They rushed to help the injured skier.

 Peter Hillary and his colleagues were on the chairlift at Mount Ruapehu on Tuesday when Thomas Dobrisek crashed into a rock. They had just enjoyed several runs on nice snow in sunny conditions when the accident happened. They watched from the chairlift as Dobrisek hit a rock, fell out of control for 20 metres and landed in snow.



Paul McAlister saw Dobrisek coming down a trail for advanced skiers.

McAlister told us: "He was coming at a reasonable speed and he hit a rock. He probably travelled 15 to 20 metres over rocks and then he didn't get up. We kept watching to see if this man would stand up. He didn't, so we made a plan. Peter Hillary and I decided to ski down to help the man and Linsey went to inform the ski patrol."

"We skied down as fast as we could. When I reached the man, his head was down in the snow. He was unconscious and not breathing. We put him in the recovery position and he started breathing. When the ski patroller arrived, we all helped to get him into a sled."

The injured man was given oxygen, taken down to the medical centre at the base of the mountain and then airlifted to hospital at about midday on Tuesday. He remained in intensive care last night. The police have notified his relatives.

Peter Hillary said: "We did what we could and we hope he will recover. It was very alarming to be there and find him in the condition he was in. Fortunately, he was wearing a helmet."

He also said that the accident showed the dangers of skiing in the spring when the snow starts to melt, particularly around rocks. There have been several fatal injuries in ski areas in the last couple of years in this season.



Taken from an article by Martin Johnson first published in the *New Zealand Herald* on 13th October 2016 and re-published with permission Image: Tūroa Ski Area, Mt Ruapehu Map: http://www.freeworldmaps.net/oceania/new-zealand/new-zealand-physical-map.jpg

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# Could you help someone to get online?

-3-

# [-X-]

Incredibly, one in five adults in Wales are not online. In some places, that number is as high as one in three. People are being held back in life because no-one has shown them how to use the internet.

5 That's why we need helpful people like you. If you know how to use email and the internet, you could start an exciting new role as a digital volunteer, working with people who don't have your skills.



| [ | - | 8 | - | ] |  |
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|   |   |   |   |   |  |

If you know the basics of information technology and get a little support from Digital Communities Wales about volunteering, you are ready.

[-9-]

19% of adults in Wales cannot use the internet. That's nearly one in five adults who can't look for jobs, shop online, send emails, use social media, or Skype with friends. As a digital volunteer you'll help people communicate with friends and family, shop, send emails and apply for jobs. With your help we can change people's lives.

# [-10-]

You'll have the opportunity to...

- get useful transferable skills that can help you find work
- get free training in offering support
- give something back to the community.

# [-11-]

- Give as much or as little time as you want.
- Volunteer when it suits you.
- We'll make it easy for you: we will match you with a library, housing association or community centre where your help is needed.

## Change people's lives

To take the first step towards changing the lives of people in your community, email digitalvolunteering@wales.coop. Alternatively, sign up online.

## What one volunteer says

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"I signed up to the Digital Communities Wales volunteering programme because I wanted to make a real difference to the people most at risk in my local community. Internet shopping or using social media or applying for a new job online are second nature to me, but I know that for many people it can be a frightening experience."

Text: Courtesy of: www.digitalcommunities.gov.wales

Images: pixabay.com and www.123rf.com - Jean-Marie Guyon https://www.123rf.com/photo\_15262855\_ men-business-partners-working-on-laptop-cafe-restaurant.html?term=laptop%2Bassist

### Turn over / Tournez la page / Véase al dorso

# An interview with Miss Environment Kenya

It is 5.15 pm and, as journalist for the Kenyadventure blog, I am sitting in a café waiting for 19-year-old Moraa Ondieki, a second-year student of energy and environmental technology at Mount Kenya University. She was chosen as Miss Environment Kenya in a contest held on 5 June, World Environment Day. The contestants modelled recycled clothes that they had created themselves and answered five questions on environmental issues.

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| Keny | vadventure (KA): diversion what was the first question you were asked and how did you respond?   |
|------|--|
| Mora | <b>aa Ondieki (MO)</b> : I was asked "What do you do personally in order not to waste things?" I answered that I normally recycle, especially used clothes and jewellery. I described what I had created from these materials.   |
| KA:  | $\mathbb{G}_{\underline{A}}^{\mathbb{H}}$ What do you think is special about the Miss Environment Kenya contest? $\mathbb{G}_{\underline{A}}^{\mathbb{H}}$   |
| MO:  | Obviously, the environment is really important to us. For example, we are recommending a stove* that uses 50 % less firewood. This helps to reduce firework consumption and greenhouse gas emissions in rural areas. We are also organising anti-poaching campaigns to protect the animals. Probably our best established project is the one that encourages students to plant trees and take responsibility for them.   |
| KA:  | Do you have any other suggestions about how Kenya could face its environmental challenges?   |
| MO:  | It is important to inform people about them. For example, businesses are telling<br>us to throw away plastic bags and use new ones, just so they can produce more<br>and make more profits. So, we must inform people and change their behaviour.  |
| KA:  | ${\mathbb Q}_{\mathbb Q}^{\mathbb Q}$ How has your life changed since you became Miss Environment Kenya?   |
| MO:  | It has changed so much! $[-X - ]$ I have learned to interact with people in the environmental field, in the government and in other institutions. Before the context talking to them would have been a really big challenge $[-28 - ]$ I did not feel confident enough. I have improved my public speaking skills. I was able to travel and bring back home some of the things that I learned outside the country. I $[-29 - ]$ made a lot of new friends. $[-30 - ]$ , on the personal side, I have really had to learn how to manage my time woll. |
| VA.  | really had to learn how to manage my time well.  |
| KA:  |  |

kenyadventureblog.wordpress.com / Ruth Asan

\* stove: equipment used to heat and cook food

# Meet the young chefs responsible for these healthy, globally inspired lunch recipes

- 5 -

# Part 1 ) The Healthy Lunchtime Challenge

Do you need some creative cooking inspiration or a few new healthy lunch recipes? Some talented young chefs have an answer for you.

They took part in a recipe challenge for US students whose goal was to encourage cooking and healthy eating. The Healthy Lunchtime Challenge selected winners for original, globally inspired recipes that include fruits, vegetables, whole grains, lean protein and low-fat dairy. 56 young chefs were chosen to represent all 50 US states, five US territories and Washington, DC.

The recipes will eventually be published together as a free e-book. We have a preview of two of the recipes that are globally inspired.

Two young chefs whose recipes reflect their international heritage tell us about their dishes.



**Tropical Vacation** 

Removed for copyright reasons "I was inspired to make this dish because my parents are from the southern Indian state of Kerala and one of my favourite beaches is there," says Chef Abhijith. "I wanted to keep the recipe healthy and simple, so I chose quinoa, something my mom likes, especially as she has a weak heart. I used mangoes, pineapple and home-grown papaya to make it tropical. Lastly, I used fish, because you don't always have to be at the beach to feel like you're there!"

### Part 3

# Peace in the Middle East Soup and Salad

"I think war causes too much suffering in the world. One problem I see is that people often focus on their differences, rather than similarities," says Chef Pablo. "In the Middle East there have been wars for a long time because people often concentrate on differences. I wanted to create a dish that takes parts of different cultures in the Middle East and shows how they can come together to make a delicious and healthy lunch. My dish highlights things that different regions in the Middle East have in common, and shows that, in the end, everyone is more alike than different."

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